

# Wellness Policy Assessment Tool

Form 357 Rev 8/17

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school, or at a minimum, each school level. The wellness policy and completed assessment must be available to the public. Triennial assessment is required by USDA, annual assessments are strongly encouraged in New Jersey.

SFA/District Name Richland Parish

Policy Reviewer G. Hosea

School Name Bayville High

Date 10-22-2024

Select all grades: PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☒ 10 ☒ 11 ☒ 12 ☒

## I. Public Involvement

- Yes ☒ No ☐ We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
- ☒ Administrators ☒ School Food Service Staff ☐ P.E. Teachers ☐ Parents
- ☐ School Board Members ☐ School Health Professionals ☒ Students ☐ Public
- Person in charge of compliance:
- Name/Title: G. Hosea CNP Supervisor
- The policy is made available to the public.
- Indicate How: Website - Parish
- Our policy goals are measured and the results are communicated to the public.
- Please describe: relate hydroponic farm to school events
- Our district completes triennial reviews of the wellness policy. If more frequently, please describe:

## II. Nutrition Education

- Yes ☒ No ☐ Our district's written wellness policy includes measurable goals for nutrition education.
- Yes ☒ No ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc.).
- Yes ☒ No ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

## III. Nutrition Promotion

- Yes ☒ No ☐ Our district's written wellness policy includes measurable goals for nutrition promotion.
- Yes ☒ No ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
- Yes ☒ No ☐ We have reviewed *Smarter Lunchroom* techniques and evaluated our ability to implement some of them.
- Yes ☒ No ☐ We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
- Yes ☒ No ☐ We ensure students have access to hand-washing facilities prior to meals.
- Yes ☒ No ☐ We annually evaluate how to market and promote our school meal program(s).
- Yes ☒ No ☐ We regularly share school meal nutrition, calorie, and sodium content information with students and families.
- Yes ☒ No ☐ We offer taste testing or menu planning opportunities to our students.
- Yes ☒ No ☐ We participate in Farm to School activities and/or have a school garden.
- Yes ☒ No ☐ We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
- Yes ☒ No ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.
- Yes ☒ No ☐ We offer fruits or non-fried vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☐ à La Carte
- Yes ☒ No ☐ We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
- Yes ☒ No ☐ We provide teachers with samples of alternative reward options other than food or beverages.
- Yes ☒ No ☐ We prohibit the use of food and beverages as a reward.

Yes No **IV. Nutrition Guidelines** (Cont. from page 1)

- ☒ ☐ Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
- ☒ ☐ We operate the School Breakfast Program: ☒ Before School ☒ In the Classroom ☒ Grab & Go
- ☒ ☐ We follow all nutrition regulations for the National School Lunch Program (NSLP).
- ☐ ☒ We operate an Afterschool Snack Program.
- ☒ ☐ We operate the Fresh Fruit and Vegetable Program.
- ☐ ☒ We have a Certified Food Handler as our Food Service Manager.
- ☒ ☐ We have adopted and implemented *Smart Snacks* nutrition standards for ALL items sold during school hours, including:  
☒ as à La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers *No Concessions*

Yes No **V. Physical Activity**

- ☒ ☐ Our district's written wellness policy includes measurable goals for physical activity.
- ☐ ☒ We provide physical education for elementary students on a weekly basis.
- ☐ ☒ We provide physical education for middle school during a term or semester.
- ☒ ☐ We require physical education classes for graduation (high schools only).
- ☒ ☐ We provide recess for elementary students on a daily basis.
- ☒ ☐ We provide opportunities for physical activity integrated throughout the day.
- ☐ ☒ We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
- ☐ ☒ Teachers are allowed to offer physical activity as a reward for students.
- ☒ ☐ We offer before or after school physical activity: ☐ Competitive sports ☐ Non-competitive sports ☒ Other clubs

**VI. Additional Info:** Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals.

*Hydroponic Greenhouses grow & supply lettuce, tomatoes, bell pepper, & cucumbers to all 8 cafeterias. Produce used in meal prep & served to students. Extra produce is sold to public. Facebook website keeps community updated on extra items for sale.*

**VII. Contact Information:**

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name	<input type="text" value="G Hosea"/>	Position/Title	<input type="text" value="CNP Supervisor"/>
Email	<input type="text" value="ghosea@richland.k12.la.us"/>	Phone	<input type="text" value="318-728-5964"/>