

GRAB N’ GO MEAL CONSENT FORM—RICHLAND VIRTUAL ACADEMY

This form **MUST** be completed and returned prior to picking up **Grab N’ Go Meals**. Please return this form to the Cafeteria Manager at site your child is enrolled, or mail to the following address: Richland Parish School Food Service, PO BOX 599, Rayville, LA 71269

Questions? Please contact School Food Service at 318-728-5964 ext. 227

All meals served in Richland Parish Public Schools are **Free**, as a result, of participation in CEP.

Only one breakfast meal/and one lunch meal per enrolled student per day will be provided. Students receiving meals must be enrolled in **Richland Virtual Academy**. Five meals will be packaged as a complete unit for pick-up.

PLEASE PRINT LEGIBLY

Name of Parent/Guardian _____ Phone: _____

Address _____
Street Address City Zip

SCHOOL SITE FOR PICK-UP OF ALL MEALS: _____

	ENROLLED STUDENT’S NAME	STUDENT’S ID NUMBER	STUDENT’S ENROLLED SCHOOL
1			
2			
3			
4			
5			
6			
7			

PERSON PICKING UP MEALS

Signature of parent/guardian

Date

CIRCLE ONE OF THE DAYS OF WEEK LISTED WHEN YOU WILL PICK UP MEALS

MONDAY
WEDNESDAY

This institution is an equal opportunity provider.

**RICHLAND PARISH SCHOOLS
VIRTUAL LEARNING MEALS**

5 DAY MEAL PLAN

ENTRÉE—BREAKFAST—Store in Freezer 0 degree F. If frozen

1. CEREAL (2 OZ) (Room Temperature 65-75 degree F.)
2. HONEY BUN (FROZEN)
3. MINI PANCAKES (FROZEN)
4. POP TART (Room Temperature 65-75 degree F.)
5. SAUSAGE BISCUIT (FROZEN)

ENTRÉE—LUNCH—Store in Freezer at 0 degree F. if frozen.

1. PEPPERONI PIZZA STICK (FROZEN)
2. CRISPITO (FROZEN)
3. HAM PO BOY (MAKE/WRAP AND REFRIGERATE 0-41 DEGREE F.)
4. PB&J SANDWICH (FROZEN)
5. HOT POCKET (FROZEN)

VEGETABLES/FRUIT—REFRIGERATE---0-41 Degree F.

1. APPLE, RED SLICED SKIN ON
2. CARROT, COIN CUT
3. CAULIFLOWER, WHITE FLORET
4. FRUIT MIX, DICED IN PEAR
5. PEACH, DICED IN PEAR JUICE
6. TOM TOMATOES
7. CUCUMBER SLICES
8. BROCCOLI FLORETS
9. GRAPES
10. APPLE GRINS

5 BOXES RAISINS—Room Temperature 65-75 degree F.

10 MILKS, ASSORTED—Store in Refrigerator—0-41 degree F.

5 JUICES –

CONDIMENTS—Room Temperature—65-75 degree F.

- 1 SYRUP
- 1 MAYONNAISE
- 1 MUSTARD
- 3 RANCH DRESSINGS

ALL ITEMS LISTED ABOVE WILL BE PLACED IN GRAB-N-GO BAG AND SENT HOME ONLY WITH STUDENTS ATTENDING RICHLAND PARISH VIRTUAL LEARNING ACADEMY. ITEMS WILL BE PLACE IN BAG AND ALL ITEMS SENT ON ONE SPECIFIED DAY A WEEK.